

OUT & ABOUT

SHOPPING TRIPS & transportation cost:

Aldi's - Friday, April 9 & 23, 1:30 p.m., \$1

Chesterfield Mall - Thursday, April 8, 1:00 p.m. \$2

Chinese Markets - Friday, April 9 & 30, 10:00 a.m. \$1

Council Shop - Friday, April 23, 10:00 a.m., \$1

Galleria - Thursday, April 1, 11:00 a.m., \$2

Overland Plaza - Friday, April 16, 10:00 a.m., \$1

Schnuck's - Wednesdays, April 7, 14, 21, 28, 10:00 a.m., & Friday, April 2, 1:00 p.m., \$1

Trader Joe's - Friday, April 2, 10:00 a.m., \$1

Walmart - Thursday, April 8, 1:00 p.m. \$2

ENTERTAINMENT:

(Transportation cost for each trip, \$2; admission free, unless otherwise stated)

Powell Hall - Wednesday, April 7, 6:00 p.m. for concert of Middle Eastern Music.

Pow Wow Celebration - Saturday, April 10, 11:00 a.m., Native American culture; at Washington U. Field House.

Holocaust Commemoration - Sunday, April 11, 3:15 p.m.; program is "Resistance, Defiance, Courage."

Concert at E. Desmond Lee Hall - Sunday, April 25, 2:30 p.m., musical selections.

Origins of Hassidic Jewry

Tuesday, April 27, 3:30 - 4:30 p.m., Weinberg Lounge

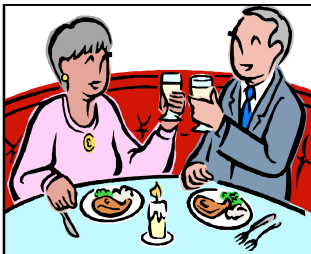
Community educator,
Cyndee Levy,
discusses this fascinating
period of history.

Torah Nuggets

Fridays, April 2 & 30, 1:45 p.m.
Rabbi Elizabeth Hersh
will share insights into weekly
Torah portions.

Annual Passover Model Seder

Thursday, April 1, 5:00 p.m.
Crown Center Dining Room
Suggested donation: \$3.00



DINING OUT & transportation cost:

Lunch at Smokey Bones - Thursday, April 15, 11:00 a.m.; bus, \$2

Lunch at Elephant Bar Restaurant - Thursday, April 29, 11:00 a.m.; bus, \$2

MORE THINGS TO DO

**SPECIAL PROGRAMS/
MEETINGS:**

Bell Choir Practices - Tuesdays, April 6, 20, 12:30 p.m., Weinberg Lounge

GOALS Attorney - Tuesday, April 13, 9:30 a.m., Dining Room; appointment necessary; no charge for help with wills, powers of attorney, etc.

Yiddish Club - Wednesdays, April 14, 28 1:30 p.m., Tallin TV Room

OTHER ACTIVITIES:

*Bagels & Learning - Mondays at 10:00 a.m., Weinberg Lounge

Birthday Bash - Tuesday, April 27, 6:30 p.m., Weinberg Lounge, music by Tommy Goldenberg

Royal Banks - Wednesdays, customer service, 11:00 a.m. - 1:00 p.m., Wellness Office

**Bagels & Learning this month will include programs from Opera Theater, a trip to Madagascar, brain games, & understanding your medications.*



HEALTH & WELLNESS

Exercise Classes - RPI
Mondays, 2:30 p.m.,
Weinberg Lounge

Relax with Esther -

Tuesdays, 1:00 p.m., New Classroom

Blood pressure readings - Mondays, 10:00 - 11:30 a.m. & fourth Friday of the month, 10:00 a.m., Health Office

Hearing Pro - third Wednesday of the month, 8:30 - 10:00 a.m., Health Office

Podiatrist - fourth Wednesday of the month, 12:30 p.m., Health Office

Internist - third Friday of the month, 1:00 p.m., Health Office

Pain Specialist - second Friday of every month, 12:30 - 6:00 p.m., Health Office

Tai Chi Class - RPI - Thursdays, 2:00 p.m. - Weinberg Lounge

Volunteer Appreciation Reception



**Wednesday, April 14, 2:00 p.m.
Weinberg Lounge
Celebrate the giving spirit that is
Crown Center.**

Laughter Yoga with Marlene Chertok

**Tuesday, April 20, 3:30 p.m.
Weinberg Lounge. Cost: TBA**

**“Peer to Peer Group”, in partnership with
OASIS, continues to examine coping
strategies for the transitions of older
adulthood on Wednesday,
April 21, 1:00 - 2:00 p.m.**

RELIGIOUS SERVICES

Chinese Prayer Group - Mondays,
7:30 p.m., Weinberg Lounge

BSKI Service - Friday, April 9, 6:00 p.m.