

OUT & ABOUT

SHOPPING TRIPS & transportation cost:

Aldi's - Friday, June 11 & 25, 1:30 p.m., \$1

Chinese Market - Friday, June 25, 10:00 a.m. \$1

Galleria - Thursday, June 10, 11:00 a.m. \$2

Global Market - Friday, June 18, 1:30 p.m. \$2

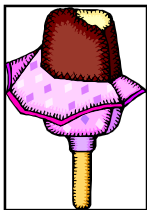
Overland Plaza - Friday, June 11, 10:00 a.m., \$1

Schnuck's - Wednesdays, June 2, 9, 16, 23, 30, 10:00 a.m.

Trader Joe's - Friday, June 4, 10:00 a.m., \$1

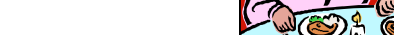
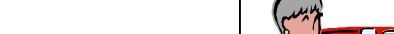
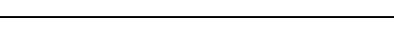
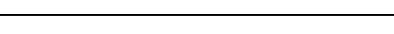
Torah Nuggets

**Fridays, June 4 & 19, 2:00 p.m.
Rabbi Elizabeth Hersh
will share insights into weekly
Torah portions.**



Roland's Frosty Treats

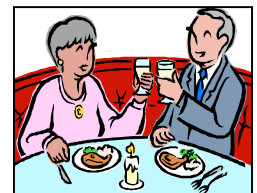
**Saturday, June 19, 12:00 p.m.
Ice cream truck returns to Crown Center.
Come buy a treat!**



DINING OUT & transportation cost:

Lunch at Shu Feng Restaurant

Thursday, June 17,
1:00 p.m., bus \$2



MORE THINGS TO DO

SPECIAL PROGRAMS/ MEETINGS:

Bell Choir Practices - Tuesdays, June 1, 15, 12:30 p.m., Weinberg Lounge

GOALS Attorney - Tuesday, June 8, 9:30 a.m., Dining Room; appointment necessary; no charge for help with wills, powers of attorney, etc.

Yiddish Club - Wednesday, June 9 & 23, 1:30, Tallin TV Room

OTHER ACTIVITIES:

*Bagels & Learning - Mondays at 10:00 a.m., Weinberg Lounge

Birthday Bash - Wednesday, June 30, 7:00 p.m., Weinberg Lounge, music by Amelia & Connie

Royal Banks - Wednesdays, customer service, 11:00 a.m. - 1:00 p.m., Wellness Office

**Bagels & Learning this month will include programs on dentistry, a travelogue to American landmark sights, a video on Jamaica, and a lecture on balance.*



HEALTH & WELLNESS

RPI Therapy Exercise Classes - Mondays, 2:30 p.m., Weinberg Lounge

Relax with Esther - Tuesdays, 1:00 p.m., New Classroom

Blood pressure readings - Mondays, 10:00 - 11:30 a.m. & fourth Friday of the month, 10:00 a.m., Health Office

Hearing Pro - third Wednesday of the month, 8:30 - 10:00 a.m., Health Office

Podiatrist - fourth Wednesday of the month, 12:30 p.m., Health Office

Internist - third Friday of the month, 1:00 p.m., Health Office

Pain Specialist - second Friday of every month, 12:30 - 6:00 p.m., Health Office

RPI Therapy Services Tai Chi Class - Thursdays, 2:00 p.m. - Weinberg Lounge

**Clayton Farmer's Market
Saturday, June 26,
10:00 a.m.**

**Enjoy shopping for locally
grown produce at this open
air market. Bus: \$2**

**“Peer to Peer Group”, in partnership with
OASIS, continues to examine coping
strategies for the transitions of older
adulthood on Wednesday,
June 16, 1:00 - 2:00 p.m.**

RELIGIOUS SERVICES

Chinese Prayer Group - Mondays,
7:30 p.m., Weinberg Lounge

BSKI - Friday, June 25, 6:00 p.m.,
evening service